

MALCOLM CAMERON

MBBS BDS FRCS(OMFS) FRCS(Eng) FDSRCS(Eng) GMC No. 4301619

Consultant Oral & Maxillofacial Surgeon

Spire Cambridge Lea Hospital
30 New Road
Impington
Cambridge
CB24 9EL

All enquiries & correspondence to
Secretary to Mr Malcolm Cameron
Spire Cambridge Lea Hospital

Tel/Fax: 01223 266928
Email: mmp2sec@btconnect.com

The Nuffield Hospital Cambridge
4 Trumpington Road
Cambridge
CB2 8AF

Appointments: 01223 266990

Emergency contact: 07989 730421

Appointments: 01223 370922

Post-Operative Care Instructions following excision of skin lesions on face or neck, under local anaesthetic

Post-operative Care

Following your local anaesthetic procedure today, please take time to rest for the remainder of the day. If a dressing has been applied it should be left in position for 48 – 72 hours following the procedure. Please note that if a lip lesion has been removed, a dressing is often not possible at this site.

Paracetamol and/or Nurofen typically work well to manage any discomfort or pain.

For the first night following the procedure, elevation in bed, for example with an extra pillow, is helpful as it reduces the amount of swelling and potential bleeding.

If antibiotics are prescribed please complete these as directed. For women taking the oral contraceptive pill, it may be appropriate to use an additional contraceptive precaution during the rest of that cycle. Your GP or pharmacist can advise further on this if necessary.

Smoking is discouraged following surgery, as it can impair wound healing and may lead to an increased risk of infection.

If bleeding occurs, local pressure for 10-15 minutes typically stops this without difficulty.

Arrangements for follow up will have normally been discussed prior to your discharge. If you require additional help please contact the ward, Day Case Centre or outpatient department for further advice; Spire Cambridge Lea Hospital 01223 266900/Nuffield Hospital 01223 303336. In office hours please contact my secretary on 01223 266928.